# Visualisation study of an occluded artery with an "end to side" anastomosis

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**Abstract**— The hemodynamic field of an occluded artery with an 'end to side' anastomosis is studied experimentally. The influence of a distal end to side anastomosis to the formation of vortical structures and flow field evolution are discussed, via a visualisation approach, as a function of Reynolds number. In this manuscript both the steady and pulsatile flow cases are considered. Qualitative results show the influence of the inlet flow conditions (Reynolds and Womersley number) on the formation of vortical structures and the rearrangement of the hemodynamic field downstream the anastomosis.

Keywords— Biofluids, Anastomosis, Stenosis, Hemodynamics

#### I. INTRODUCTION

The cardiovascular system primary function is the transport of nutrient and waste throughout the body. The heart pumps blood through a sophisticated network of branching tubes. The arteries, far from inert tubes, adapt to varying flow and pressure conditions by enlarging or shrinking to meet changing hemodynamic demands. The typical Reynolds number range of blood flow in the body varies from 1 in small arterioles to approximately 4000 in the largest artery, the aorta. Thus the flow spans a range in which viscous forces are dominant on one end and inertial forces are more important on the other [1].

Atherosclerosis is a critical cardiovascular disease, characterized by the deposition of atheromatous plaques containing cholesterol and lipids on a layer on the inner walls of the large and medium-sized arteries, resulting in a reduction in the cross-sectional area of the vessel lumen and an impeded

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or blocked blood flow [2]. The phenomenon of atherosclerosis has been recognised as one of the most severe arterial diseases as it can lead to stenosis of arteries and consequently to heart or brain stroke.

The bypassing of critically stenosed arteries (>75%), using either an autologous vein or prosthetic graft, is a common surgical procedure. Various schemes of artery bypassing methods have been adopted by the Surgeons' community such as "end to side" or "side to side" anastomosis, sequential anastomosis,  $\Pi$  or Y graft anastomosis etc [3], [4].

Unfortunately, the effectiveness of the bypass is compromised in the medium and long term by the development of anastomotic Intimal Hyperplasia (IH) (accelerated growth of smooth muscle cells and surrounding matrix) [5]. This abnormal, progressive thickening of the layer of the artery inner wall is prominent at the heel, toe and along the suture line where the graft is fixed to the recipient vessel, and on the artery floor opposite the junction. Intimal hyperplasia causes the gradual narrowing of the vessel lumen, and is a major factor responsible for bypass graft failure.

Various hypotheses on the influence of local hemodynamics have been presented in the literature. In particular, the theories that are based on the influence of low or oscillating wall shear stresses at or near the anastomoses have gained attention. Several researchers [6]-[10] have shown that low shear stress and oscillating shear forces at the arterial floor and the heel, plus a high Wall Shear Stress (WSS) gradient at the toe probably promote IH development. These phenomena have been also correlated with the presence of flow separation causing vortex formation, flow recirculation, and flow stagnation at the region of anastomosis and especially where pathologic studies have reported discrete development of IH, denoting that the configuration of an anastomosis may be a factor in the localization of Intimal Hyperplasia.

The work presented below is focusing to the case of "end to side anastomosis", where there are still open issues regarding the understanding of the interaction of the vortical structure, formed due to arterial stenosis with a bypass graft and it is part of an ongoing research held in Laboratory of Applied Thermodynamics, University of Patras and the Laboratory of Fluid Mechanics, TEI of Western Greece [11]-[13].

#### II. EXPERIMENTAL PROCEDURE

#### A. Experimental Configuration

The details of the experimental configuration are depicted in

Fig. 1. Two major flow lines co-exist, so that the experimental model of the stenosis and the anastomosis can be studied under steady (straight line) or pulsatile (dash & dash dot lines) flow conditions. Pressure and flow stabilisation are achieved through a combination of reservoirs and tanks, shown in Fig.1. Flow distribution and regulation are imposed through ball valves, while flow rate measurement is implemented through a Rotameter (steady flow) or Electromagnetic Flow Meters attached to the stenosis and anastomosis flow line (pulsatile flow). For the case of the steady flow, mass flow distribution between the stenosis and anastomosis flow line is accounted for via the continuity equation.

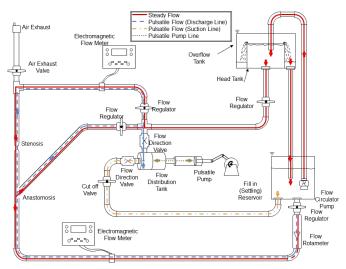


Fig.1 Experimental Apparatus Schematic

As shown in Fig. 2 the artery model under consideration is constructed by Plexiglas material that is internally machined so that index matching is achieved (the working fluid consisting of a water-glycerin mixture has a refractive index close to that of the Plexiglas), and that light difraction is decreased. Both the artery and the anastomosis models' inner diameters (tube, D) are 24 mm, while the stenosis' inner diameter (contraction, d) is 12 mm. The occlusion of the "artery model" is 75%, while the angle of insertion for the anastomotic "graft model" is 45°.

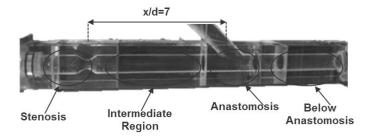


Fig.2 Experimental Configuration Design

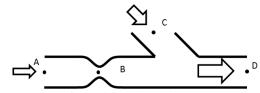


Fig. 3 Flow Configuration Schematic

# B. Experimental Approach of Blood Flow

A water-glycerine mixture (55%-45%) with a dynamic viscosity similar to that of blood ( $\mu$ =3.5cP) is used as the flow medium attaining similar Reynolds numbers with the modelled flow.

As the cyclic nature of the heart pump creates pulsatile conditions in all arteries, a piston driven diaphragmatic pump (Fig.4) is used to simulate heart's systolic and diastolic cycle as shown in Fig. 5. The piston's movement is controlled via a peripheral, software based, automation system simulating the heart flow cycle characteristics.



Fig.4 Pulsatile Pump

Fig. 5 Heart Cycle Simulation

#### C. Visualisation Technique

The visualisation of the model artery flow field was carried out by making screenshots at various successive positions along the model, as indicated in Fig. 2. The visualisation technique used was the laser sheet illumination method. A thin sheet of laser light illuminated the symmetry plane of the observation region which extended from the tube just upstream of the stenosis, to the tube immediately downstream anastomosis. Hollow glass spherical particles with mean diameter  $<\!150~\mu m$  were used as seeding material for capturing characteristic coherent structure and flow trajectory patterns. A variety of digital cameras operating at appropriate to the investigated flow attributes shutter speeds and apertures were used, to elucidate local structure. The flow rate ratio of the stenosis/anastomosis balance was specified as 35% to 65% of the total flow rate, respectively.

## D.Inlet Flow Conditions

The "hemodynamic" field of the occluded "artery" model (no anastomosis present) is investigated for eight different Reynolds numbers varying from  $Re_A=373-933$  for the case under steady flow conditions.

With the presence of the anastomosis, two Reynolds numbers  $Re_D$ = 1007 and  $Re_D$ =3183, respectively, are considered for steady flow conditions. Reynolds number is

calculated with respect to the total mass flow rate by applying the continuity equation at point D as shown in Fig.3.

Visualisation study of the pulsatile flow case is performed by setting the total duration of the cycle to approximately 1 sec, corresponding to 60 heartbeats per minute or a supply rate of 60 cm $^3$ /cycle. The above inflow conditions correspond to the higher supply flow rate (Re $_D$ =3183) of the steady flow case. The corresponding Womersley number is 30.

## III. RESULTS AND DISCUSSION

A. "Hemodynamic" Field of the Occluded "Artery" Model as a Function of Reynolds Number

The main objective here is the discussion of the complex interaction field occurring in the mixing region of the flow evolving downstream of the stenosis and the bypass stream ejected in the anastomosis region.

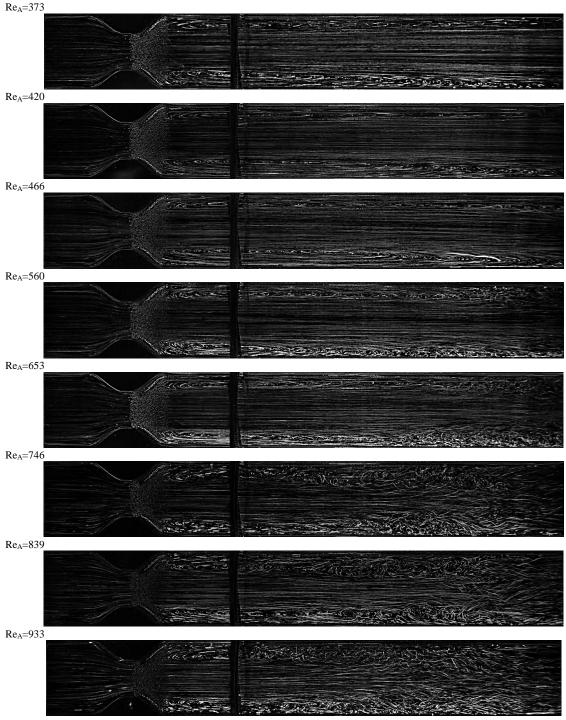


Fig. 6 "Hemodynamic" field visualisation of an "occluded" artery model

However, a better appreciation of the complicated nature of the flow regime established in the merging section of the

above streams can be gained by examining the stenosis configuration in the absence of anastomosis first.

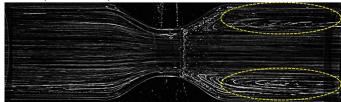
Fig.6 presents the flow patterns attained in the region immediately after the contraction of the stenosis, extending up to approximately 12 contraction diameters, d, (6 tube diameters, D) downstream as a function of Reynolds number. The Reynolds numbers indicated in the figure are based on the tube diameter (upstream or downstream of the contraction) and cover the range 373 – 933. Clearly, a jet like flow issuing from the contraction is seen to interact with swirling motions located along the tube walls in all images presented. The near wall (upper and lower) recirculating regions originate in the diverging section of the stenosis due to boundary layer separation caused by an adverse pressure gradient prevailing in this section.

The vorticity of each recirculating bubble has the same sign as that of the corresponding boundary layer over which it develops, i.e. counter clockwise and clockwise rotation in the upper and bottom duct wall respectively. However, the streamwise extent of the near wall recirculating areas decreases with increasing Reynolds number. It ranges from approximately 6D at Re=373, to approximately 2D at Re=933, suggesting an inverse proportionality between recirculation length and Reynolds number attained. Beyond those distances, recirculating bubble fluid is shed in the flow direction, the near wall swirling motion becomes diffused and mixes with the core jet flow. The mixing of the near wall recirculation zone with the initially irrotational core flow becomes more intense and is apparent in the presented images, as the Reynolds number increases. The lateral extent of the mixing patterns due to entrainment of near wall fluid into the core zone increases with increasing Reynolds number. At the same time, the central "irrotational" region diminishes in length. Within the 6D region of observation in the presented photographs (just 1D) ahead the anastomosis, located at 7D in the subsequent experiments), a qualitatively different in character flow approaches the merging region with varying Reynolds number. From the relatively "unmixed" strongly inhomogeneous situation at Re=373, to an intensely mixed far more homogeneous, (compared to the low Re case), flow configuration at Re=933.

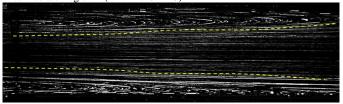
# B. "Hemodynamic" Field of a Bypassed "Occluded" Artery with an "End to Side" Anastomosis: The "Steady Flow" Case

In this section a discussion is carried out regarding the development of the flow field for the case that the occluded "artery model" is by-passed with an "end to side" anastomotic "graft". Qualitative results of the "hemodynamic" field are presented for two Reynolds numbers based on the merging flow characteristics after the anastomosis and the duct diameter, D, under steady inlet flow conditions. The low Reynolds number case (Re<sub>D</sub>=1007 presented in Fig.7) corresponds to Re<sub>A</sub>=353 for the inlet flow conditions prevailing upstream of the stenosis..

Stenosis (x/D = 0 - 1.46)



Intermediate Region-1 (x/D = 1.40 - 4.5)



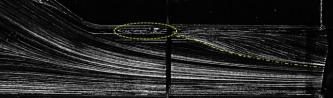
Intermediate Region-2 (x/D = 2.67 - 5.83)



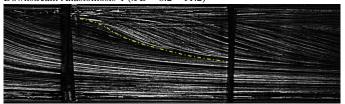
Anastomosis (x/D = 5.8 - 8.8)



Downstream Anastomosis (x/D = 7.2 - 10.2)



Downstream Anastomosis-1 (x/D = 8.2 - 11.2)



Downstream Anastomosis-2 (x/D = 11.2 - 14.2)

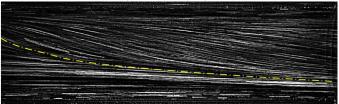
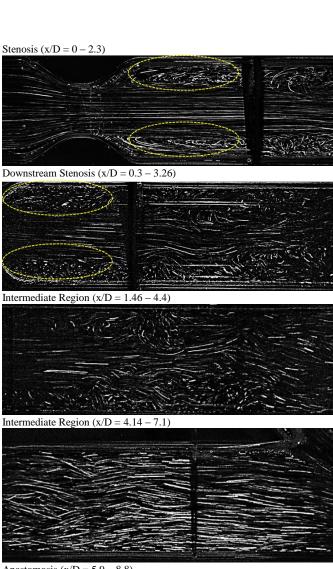
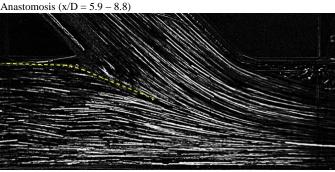


Fig. 7 Visualisation of a bypassed "occluded" artery for  $Re_D=1007$ 





Downstream Anastomosis (x/D = 7.2 – 10.16)

Fig. 8 Visualisation of a bypassed "occluded" artery for  $Re_D=3183$ 

This configuration is quite close to the  $Re_A$ =373 case discussed in the previous section. Similarly, the high Re case ( $Re_D$ =3183 in Fig.8) corresponds to  $Re_A$ =1114 inlet condition, close to the high Re case ( $Re_A$ =933) of the occluded artery of the previous section.

The low Re case depicted in Fig. 7 exhibits identical overall signature regarding the flow approaching to the anastomosis region with the low Re occluded situation of the previous case in the absence of anastomosis. This indicates that the emerging graft flow seems to have no upstream effects. A small recirculation area with streamwise extent ~0.8D is observed at the anastomosis heel, as a result of the duct upper boundary layer blockage produced by the incoming graft fluid. Flow separation and reversal occurs on the opposite side of the anastomosis graft, at the toe region. The axial velocities are higher in the lower half of the main tube, as seen in the last four photos of Fig. 7, in a manner similar to that found when a developed flow enters a curved bend.

A far more homogeneous flow approaches the graft mixing region for the high Re case (Re<sub>D</sub>=3183), presented in Fig. 8. In this case, it is hard to distinguish and unambiguously, clarify (as far as the visualization technique allows), the existence of a recirculation zone at the heel region. Flow separation is more intense at the toe than in the low Re case and the origin of the separation area has moved further upstream at the tip of the toe region. The high momentum inlet graft flow penetrates deeper the weak mainstream flow in this configuration as the axial velocity streakline lengths indicate.

C. "Hemodynamic" Field of a Bypassed "Occluded" Artery with an "End to Side" Anastomosis: The "Pulsatile Flow" Case

The "hemodynamic" field's visualisation study of a bypassed "occluded" artery with an "end to side" anastomosis is discussed below for two characteristic instants of blood flow cycle: (a) maximum discharge flow rate (systolic) phase and (b) reversal (diastolic) phase. As shown in Fig. 5, these two instants correspond to the maximum flow rate (0.1 - 0.2 sec) and the reversal of flow (0.4 - 0.6 sec).

During phase (a) presented in Fig.9, strong axial motion is observed throughout the "artery" model, while secondary radial motions are observed near the walls. These secondary motions extend for about 3.0D downstream the stenosis, while strong mixing with the central jet – like motion occurs at about 3.5D downstream the stenosis in the streamwise direction. From this point downstream, flow in the artery model becomes turbulent reaching the anastomosis "heel" by having acquired fully developed flow characteristics. Flow coming from the artery model is being forced to follow the trajectory of the one entering from the "anastomotic graft" due to the significantly higher momentum. Small corner effects are observed at the "heel" of the anastomosis, where a backflow motion appears. Secondary motions reappear at the "toe" of the anastomosis and extend for about 3.5D in the streamwise direction (near the wall of the artery model), where backflow movements are

apparent.

Backflow motion and flow recirculation trends are the main characteristics of the presented instant of the diastolic phase (b) as it is depicted in Fig. 9. Wide and spreading recirculation zones appear at the upstream side of the stenosis, while the whole of the artery model's volume is occupied by secondary vortical structures.

(Systolic Phase)

A characteristic feature of the diastolic phase is the fact that the recirculating structures formed downstream the anastomosis, during the systolic phase, have moved upstream, forming a wide vortex that covers almost the whole of the anastomosis's cross section area, an observation similar to that made by Hughes and How [14].

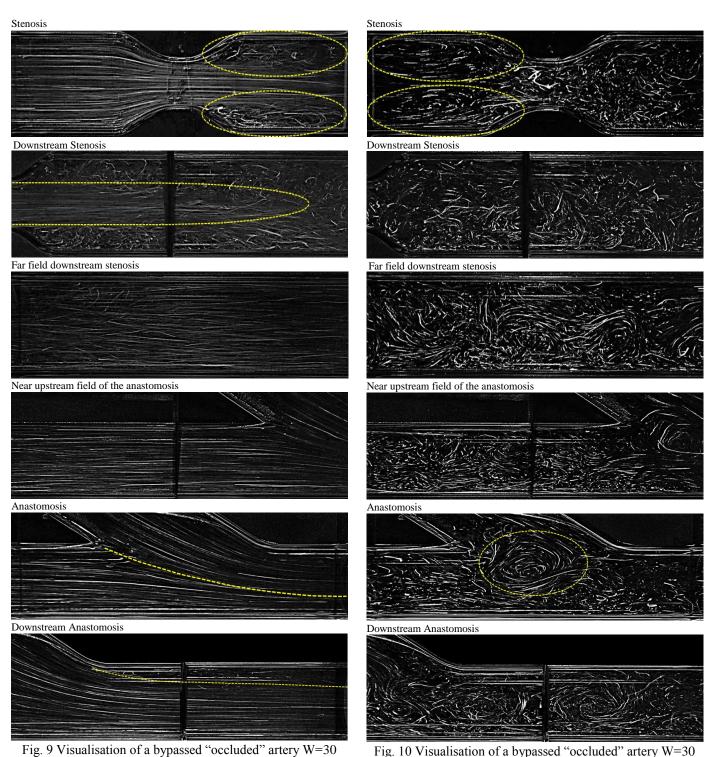


Fig. 10 Visualisation of a bypassed "occluded" artery W=30 (Diastolic Phase)

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